

Certificate III and IV in Fitness Mentorship

The Gym@CDU is a well-equipped community gym on CDU campus, we are bound to the highest standards of the fitness industry as well as of Charles Darwin University. We employ a number of professionally trained staff who fulfil the requirements of being a mentor to Cert III and IV Fitness students. In cooperation with CDU Vocational Educational Training we offer mentorships for the practical component of Certificate III and IV in Fitness.

Included are:

- 30 hours of on the job training in different areas of the gym (customer service, administration, group fitness, personal training and general tasks)
- Supervision and feedback for all work related tasks
- Assistance with assignments as appropriate
- Preparation for practical exams

NOT included are:

- Extension of the 30 hours, regardless of completion of students training
- Intensive one on one work on assignments
- Guarantee to pass practical exam

Gym responsibilities:

- Provide full range of professional practical training as described above
- Provide warm and welcoming learning atmosphere
- Grant full use of gym facility
- Sign off on assignment sheets if satisfied with completion of task
- Comply with training requirements as provided by CDU Vocational Educational Training

Student responsibilities:

- Book times for work experience hours with gym, cancel bookings in advance if required
- Present in a professional and friendly manner to gym patrons and staff
- Comply with OH&S requirements
- Bring own study material (assignment sheets etc.)
- Pay upfront

Price: \$200 per person